



Charlevoix Area Garden Club

A PUBLICATION OF THE
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www.charlevoixareagardenclub.org

Editor: Dorothy Sandoval

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President's Message

Wow, summer is almost over so "Happy September". This has certainly been an unusual summer due to "social Distancing" and "Staying Safe". Even with all these rules, we have been able to find a way to socialize with each other outside. It really has been uplifting to be able to visit with each other.

Perhaps you have been spending a lot more time in your gardens, canning, freezing, deep cleaning your house, cooking 3 meals a day, doing needle work, reading all those books you could never get to, watching TV, etc. Personally I have cleaned out every closet I could (purging lots), helping with canning tomatoes and freezing corn, taking care of the garden, knitting at least 4 "Prayer Shawls" and actually enjoying the sunshine and the wonderful temperatures, just being outside.

Every day I feel like I'm walking through uncharted territory. For a while I believed we were in the middle of a science fiction film, but now it feels like we're simply adapting to whatever is coming our way. Maybe we now feel hope in the future that eventually this situation will go away and we will be able to return to normal. Let's use this time to demonstrate grace and love in relationships that desperately need it, that we continue to replace worry with hope, and that we bask in relief and joy.

Hopefully we will see you at the September meeting (sunshine or rain) and be able to uplift each other to stay positive. We will be electing officers and we will be awarding our Life Time Achievement Award to deserving members.

Sincerely, Martha



September Meeting

September 8, 2020 1:00 p.m.
Depot Beach Pavilion



October Meeting

October 13, 2020 1:00 p.m.
TBD where??????

Adopt A Highway

Fall pickup Friday, September 25, 9:00 a.m.
(rainy option will be Friday, October 2nd.)
Meet at the Reformed Church.

September Newsletter Deadline

Submission deadline for the October issue of the CAGC newsletter is September 25th.
Send your information and articles to:
bnds@att.net

Conservation



Much Ado About Mushrooms

The documentary film *Fantastic Fungi: The Magic Beneath Us*, played in select theaters this spring, then streaming. It chronicles mycologist, Paul Stamets, research on mushrooms. He calls them "the grand molecular decomposers of nature," whose function is to regenerate forest and field by breaking down organic matter.

"A mushroom is the fruiting body of a fungus, most of which grows underground as a mycelium, a tangled mass of threads that absorb nutrients from the environment and can stretch for hundreds of miles."

Fungi produce enzymes that ward off competition for food that the medical world can harness to fight diseases. Penicillin is the best example, but the potential for future discoveries is great.

Stamets says that mushrooms are "a kind of environmental cure-all that can detoxify soil and clean up old spills."

Other experts tell us that fungi emerged from the ocean 4 billion years ago to generate the soil that made terrestrial life possible. A lava bed in South Africa, hosts a mycelium fossil that is 2.4 billion years old! The oldest record of a multicellular organism.

Scientists are researching the potential for psychedelic mushrooms to treat post-traumatic stress disorder, Alzheimer's disease, alcoholism, and for the dying.

When we trash our forest, Stamets warns, we risk losing not just potential cures for disease but also "a primal connection to something far bigger than us." After all, fungi have survived all the great extinction events.

Toad stools and other fungi are popping up in our yards these days. Let's treat them with new appreciation!

Submitted by Carrie Minch

Information taken from *Sierra Magazine* May/June 2020

COMMENTARY

-Kris Jones



I've just finished watching *The Gardener*, directed by Sébastien Chabot. It's a 2018 documentary offers visions and comments about a BEAUTIFUL garden in the province of Quebec.

It's a very gentle movie about an extraordinary garden in Canada. I found it as an Amazon (Prime) Video. Gardener Frank Cabot, founded of the garden after experiencing business reversal(s). Given sufficient family wealth, he left the business world and created marvelous different vistas. The gardens, *Quatre Vents*, (4-winds), remind me of the Butchart Gardens in British Columbia, but less formal or manicured.

Northwest Michigan Invasive Species Network

Hand-Pull or Dig:

*Baby's breath
Spotted knapweed
Dame's rocket
Yellow flag iris
Invasive thistles

Hand-Pull or Cut-Stump:

*Japanese barberry
*Common and glossy buckthorns
*Invasive honeysuckles
*Oriental bittersweet
Multiflora rose
Autumn olive

PERENNIALS



If you are in doubt about cutting back your perennials, here is a list that are happy to grow in Charlevoix, but they should be CUT-BACK in the Fall. They prefer to be cleaned up for a variety of reasons (getting rid of diseased leaves, etc.) If you get a chance of a late fall day, you will be happy (and so the plants) to see the results in the 2021 SPRING!

- Mary Watson Chavez



After 27 years of membership with our garden club, Sarah Sievertson has relocated to a new home. She reports being happy and most of all safe because she isn't living alone.

Let's all send cards or notes to wish her our best as she let's go of her life in Charlevoix and makes a new life in Alma, Mi.

Shara Sievertson
Masonic Pathways Home
1200 Wright Ave.
Ste. 68
Alma, Mi 48801



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Achillea (Yarrow)
Adenophora (Ladybells)
Anemone (Japanese)
Anthemis (Marguerite Daisy)
Aquilegia (Columbine)
Asclepias (Butterfly Weed)
Astrantia (Masterwort)
Baptisia (False Indigo)
Bearded Iris
Brunnera (Siberian Bugloss)
Centaurea (Mountain Bluets)
Corydalis
Crocsmia
Echinacea (Coneflower)
Helenium (Sneezeweed)
Helianthus (Perennial sunflowers)
Hemerocallis (Daylily)
Heuchera (Coral Bells)
Ligularia (all varieties)
Macleaya (Plume Poppy)
Malva (Hollyhock -mallow)
Monarda (Bee Balm)
Nepeta (Catmint)
Paeonia (Peony)
Penstemon
Phlox
Polygonatum (Solomon's Seal)
Rudbeckia (Blackeyed Susan)
Salvia
Sedum
Tanacetum (Painted Daisies)
Thalictrum (Meadow Rue)
Veronica (Speedwell)

